



# From ORDINARY to EXTRAORDINARY

*Lundy Foundation's President Featured in Book Exploring Leaders' Evolution*

**V**ictor Dukay, PhD, co-founder and president of the Lundy Foundation, is among 31 people from many walks of life profiled in a new book that explores the question of how seemingly ordinary people transform into extraordinary humanitarian leaders.

*The Humanitarian Leader in Each of Us: 7 Choices That Shape a Socially Responsible Life* is based on five years of research by authors Frank LaFasto, PhD, and Carl Larson, PhD. The book was released by SAGE Publications in August 2011.

Among those profiled are Susie Scott Krabacher, a former *Playboy* centerfold who helps women and children in Haitian slums; Bill Sergeant, a retiree who led Rotary International's campaign to eradicate polio globally; Inderjit Khurana, a teacher in India who founded "train platform" schools for impoverished street children; and Dukay, who has led Lundy throughout its 20 years of tackling social issues and HIV/AIDS, domestically and abroad.

"Victor is a dedicated and determined man, and his inclusion in this inspiring book is a fitting tribute to the wonderful work that he has been engaged in," says Pat Naidoo, MD, PhD, MPH, a former associate director of The Rockefeller Foundation, which funded Lundy's groundbreaking impact evaluation of the well-being of African children made vulnerable by HIV/AIDS. "Vic's dedicated efforts to ensure that the needs of these children are not forgotten and his valiant search for all possible collaborations and partnerships to improve the well-being and life prospects of these children are indeed phenomenal."

More recently, Dukay has founded and served as a senior partner of Test & Treat to End AIDS (TTEA), an international partnership promoting widespread testing and immediate treatment as a way to eliminate the spread of HIV and eradicate AIDS around the globe. (To learn more, visit [www.ttea.info](http://www.ttea.info).)

"Victor continually looks for ways to make the world a better place. He brings a passion to his work that is very rare and has frankly motivated me during our work together," says Matthew Oresman, a business and public policy associate for the law firm

of Patton Boggs LLP in Washington, D.C. Patton Boggs provides pro bono assistance to Lundy in its efforts to win U.S. government support for the test and treat strategy as well as Lundy's earlier work on foreign assistance impact evaluation.

Test and treat calls for widespread voluntary testing for HIV and immediate drug therapy for anyone testing positive. The drugs quickly suppress the virus to the point that a person cannot infect others. Now, most people with HIV do not receive drug therapy until their immune systems begin to break down, during which time they remain contagious. Dukay and colleagues in TTEA believe that test and treat could be an exit strategy for sympathetic funders who have poured billions of dollars into the unending fight against HIV/AIDS for the past three decades. Test and treat has become a primary focus for Dukay and Lundy.

"Few people I know are as willing to roll up their sleeves and work tirelessly alongside others to accomplish a goal as Vic is. He never hesitates," says Brian Williams, PhD, who recently retired as a World Health Organization epidemiologist and is a co-founder of TTEA. "Vic's ability to empathize with those he works with has made him very successful in building trust and creating impactful change around the globe. His work with AIDS orphans and his efforts to make antiretroviral therapy available to all those who are HIV-positive has had, and will continue to have, a major impact on the way in which donors, policymakers and international organizations deal with HIV."

Williams' observations reflect the findings of LaFasto and Larson in *The Humanitarian Leader in Each of Us*. They trace a path of seven pivotal choices, beginning with connecting deeply and personally with the needs of others and culminating in leading the way for more people to get involved. The book explores these choices as well as the relationship between helping and personal happiness. The authors conclude that Dukay and the other leaders they profile are not unique: Anyone with motivation, energy and perseverance can take charge of making a difference in the world.